

Maxicare

PREPAID HMO CARDS

PREPAID HEALTHCARE

PRIMA



An HMO program for individuals which offers unlimited Outpatient Consultations, and availment of laboratory and diagnostic procedures within Maxicare's network of **Primary Care Centers (PCC) and MyHealth Clinics**

Features	PRIMA SILVER	PRIMA GOLD
Cost	P4,999 (one-time payment)	P12,999 (one-time payment)
Age Eligibility	0 – 59 years old	60 years old and above
Benefits	<ul style="list-style-type: none"> • Unlimited consultations and outpatient laboratory to all <u>Maxicare Primary Care Centers only</u> • Pre-existing conditions are covered • Dental Coverage to all Metro Dental Clinics 	<ul style="list-style-type: none"> • Unlimited consultations and outpatient laboratory to all <u>Maxicare Primary Care Centers and MyHealth Clinics</u> • Pre-existing conditions are covered • Dental Coverage to all Metro Dental Clinics • With a consumable Php 20,000 annual emergency room coverage at all Maxicare affiliated hospitals nationwide

PRIMA Exclusive Providers

LIST OF PRIMARY CARE CENTERS (PCC): **For PRIMA GOLD & SILVER**

- PCC – BONIFACIO GLOBAL CITY (BGC) **24/7**
- PCC – BRIDGETOWN IT PARK **24/7**
- PCC – SM CITY CLARK, PAMPANGA **24/7**
- PCC – AYALA NORTH GATE (FEB. 2020) **24/7**
- PCC – ALABANG, QC CENTRIS, PASAY, ILOILO and DAVAO (MARCH 2020)
- PCC – CARDINAL SANTOS MEDICAL CENTER
- PCC – CENTURIA
- PCC – CHINESE GENERAL HOSPITAL
- PCC – MAKATI MEDICAL CENTER
- PCC – ST. LUKE'S MEDICAL CENTER QC
- PCC – ST. LUKE'S MEDICAL CENTER BGC
- PCC – THE MEDICAL CITY

Consultation only

LIST OF MYHEALTH CLINICS: **For PRIMA GOLD only**

- MyHealth Clinic – Alabang
- MyHealth Clinic – Robinsons Manila
- MyHealth Clinic – Shangrila
- MyHealth Clinic – SM North EDSA
- MyHealth Clinic – Venice Grand Canal Mall, Taguig City
- MyHealth Clinic - Cebu Cybergate

NETWORK OF ACCESS:

PRODUCT VARIANT	PRIMA Silver	PRIMA Gold
Consultation	Primary Care Centers (PCC)	Primary Care Centers (PCC) and MyHealth Clinics
OP Labs and Procedures	PCC BGC and PCC Bridgetowne IT Park	PCC BGC, PCC Bridgetowne IT Park and MyHealth Clinics
Emergency Coverage	NONE	Any affiliated hospitals including major hospitals
Dental	Metro Dental	Metro Dental

LIST OF DIAGNOSTIC PROCEDURES:

ULTRASOUND PROCEDURES WITH PREPARATION:	
1. Whole Abdomen- 8-10Hrs Fasting, Full Bladder	
2. Upper Abdomen- 8-10Hrs Fasting	
3. Hepatobiliary Tree- Fasting 6-8Hrs	
4. Hepatobiliary Tree, Pancreas (Hbt-P)- Fasting 6-8Hrs	
5. Lower Abdomen-Full Bladder	
6. Kidneys, Ureters, Bladder (Kub)- Full Bladder	
ULTRASOUND PROCEDURES WITHOUT PREPARATION:	
1. Thyroid	
2. Liver	
3. Kidneys	
4. Breasts	
5. Appendix	
6. Prostate	
7. Uterus	
ULTRASOUND PROCEDURES BY APPOINTMENT:	
1. Neck	
2. Inguinal/Scrotal	
3. Rectal	
X-RAY PROCEDURES AVAILABLE:	
1. Skull	14. Elbow

2. Paranasal Sinuses	15. Forearm
3. Mandible	16. Wrist
4. Cervical Spine	17. Hand
5. Thoracic Spine	18. Fingers
6. Lumbar Spine	19. Abdomen
7. Sacrum	20. Pelvis
8. Coccyx	21. Hip Joint
9. Chest	22. Femur/Upper Leg
10. Shoulder	23. Knee Joint
11. Scapula	24. Tibia & Fibula/Lower Leg
12. Clavicle	25. Ankle
13. Humerus/Upper Arm	26. Foot

- Covered Laboratory and Diagnostic Procedure**

ABO and Rh	Complete	Hepatitis B Surface	Phosphorus
AFB stain	Blood Count	Ab	Potassium
Albumin	Creatinine	Hepatitis B Surface	PSA – Total
Alkaline	(with EGFR)	Ag	PT (INR)
Phosphatase (ALP)	Ecstasy	Hepatitis C Ab	PTT (APTT)
ALT (SGPT)	Fecalysis	HIV Ag/Ab 1&2	Sodium
Amphetamine	FT3	LDH	Syphilis Ab
Amylase	FT4	LDL Cholesterol	T3
AST (SGOT)	GGT	Lipase	T4
Barbiturates	Glucose	Lipid Studies	Total Protein
Benzodiazepines	HbA1c (with	Magnesium	Triglycerides
Bilirubin – Direct	eAG)	Micral Test	TSH
Bilirubin – Group	HDL	Non-Fasting Lipid	Urea
Bilirubin – Total	Cholesterol	Profile	Uric Acid
Calcium	Hepatitis A IgM	Opiates	Urinalysis
Cannabinoids	Hepatitis B	Pap smear	
Chloride	Envelope Ab	Phencyclidine	
Cholesterol	Hepatitis B	(PCP)	
Cocaine	Envelope Ag		

- **ULTRASOUND PROCEDURES WITH PREPARATION:**

WHOLE ABDOMEN – 8-10HRS FASTING, FULL BLADDER

UPPER ABDOMEN – 8-10 HRS FASTING

HEPATOBIILIARY TREE – 6-8 FASTING

HEPATOBIILIARY TREE, PANCREAS (HBT-P) – FASTING 6-8 HRS

LOWER ABDOMEN – FULL BLADDER

KIDNEYS, URETERS, BLADDER (KUB) – FULL BLADDE

- **ULTRASOUND PROCEDURES WITHOUT PREPARATION:**

THYROID

LIVER

KIDNEYS

BREASTS

APPENDIX

PROSTATE

UTERUS

PRIMA SILVER - MATERNITY BENEFITS

Procedures

1st Trimester

Transvaginal Ultrasound

Complete Blood Count (CBC)

Routine Urinalysis

Blood Typing ABO and RH

HIV Test

HBsAG

VDRL or RPR

Fasting Blood Sugar (FBS)

Rubella Igm

Rubella IgG

2nd Trimester

Congenital Anomaly Scan

OGTT

3rd Trimester

Bio Physical Scoring

Complete Blood Count

- **ULTRASOUND PROCEDURES BY APPOINTMENT**

NECK

INGUINAL/SCROTAL

RECTAL

COVERED LABORATORY AND DIAGNOSTIC PROCEDURE

SKULL	FINGERS	SHOULDER
PARANASAL SINUSES	ABDOMEN	SCAPULA
MANDIBLE	PELVIS	CLAVICLE
CERVICAL SPINE	HIP JOINT	HUMERUS/ UPPER ARM
THORACIC SPINE	FEMUR/UPPER LEG	ELBOW
LUMBAR SPINE	KNEE JOINT	FOREARM
SACRUM	TIBIA & FIBULA/LOWER LEG	WRIST
COCCYX	ANKLE	HAND
CHEST	FOOT	



BOOK AN APPOINTMENT

www.metrodental.com.ph

mdinfo@metrodental.com.ph

633 6825 / 0917 832 6914

Area	Branch Address	Contact Number
Davao	Level 2, Abreeza Mall, Bajada	(082)321-9302
Cebu	Level 2, SM City Cebu, North Reclamation Area	(032)360-8596
Metro Manila	Level 3, Eastwood Mall, Quezon City	Hotline (02) 633 6825 MDENTAL
Metro Manila	Level 2, Paseo Center, Makati	
Metro Manila	Venice Piazza, Taguig	
Metro Manila	Level 3, Garden Area Trinoma, Quezon City	
Metro Manila	Level 4, The Podium, Ortigas Center, Mandaluyong	
Metro Manila	Lower Ground Level, inside Quali Med UP Town Center, Quezon City	
Metro Manila	Level 5 Atrium SM Megamall, Mandaluyong	
Metro Manila	Level 4 Midtown Wing, Robinsons Manila	
Metro Manila	Level 2 near car park, Festival Mall, Alabang	
Metro Manila	Level 4 Greenbelt 5, Makati	
Pampanga	Level 1 Marquee Mall, Angeles	(045)304-0017
Pampanga	Level 2 SM Pampanga, San Fernando	(045)455-0047
Pampanga	Level 2 SM Clark, Angeles	(045)499-0435

FREE Dental Care Services with MetroDental. Avail of the following services once within one (1) year:

- Mild Oral Prophylaxis (Cleaning)
- Panoramic X-Ray (Full Mouth)
- Dental Consult
- Emergency relief of dental pain through medication
- Cosmetic or oral rehab treatment planning
- Dental nutrition and counseling
- Dental health education
- Preparation of dental certificates
- Safekeeping of dental records as required by law or client